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**Important:** **Teams** **must** **arrive** **no** **later** **than** **9.00am.** Teams arriving late will forfeit their matches. ALL PLAYERS playing will be required to show Photo Identification clearly stating their age. This will be checked on the day.

All players **must** wear Shin-pads and appropriate Indoor Footwear

 **IDEAL** **FOOTWEAR** **ARE** **INDOOR** **TRAINERS** otherwise you will be requested to leave the pitch.

“•••Signature for PRS of player” box.

•••Please note that each player is required to sign off the PRS.

Fee for Football Tournament 35 pounds

**Cheques** **payable** to **“Ramgarhia Sports Centre”** and please write your team name on the reverse of the cheque.

**Payment** **by** **bank** - please quote Ref: your team name then MJS2016 (e.g. Leeds Lion Hearts MJS2016)

to Account no 51372386 Sort code 40-27-14.

Please send all applications and cheques to: **Maharaja Jassa Singh Tournament, Ramgarhia Sports Centre,**

**8/10 Chapeltown Road, Leeds LS7 3AP**

Forms should be received no later than **23rd** **May** **2016** • Applications after this date will incur a late fee of £10.

**RAMGARHIA BOARD (LEEDS)**

**online** **materials** **designed** **for** **news,** **information** **or** **educational** **purposes.** (Please delete as applicable)

••PRS (Photo Release Statement) **I** **grant** **permission** **for** **Sikh** **Sport** **UK and Ramgarhia Board (Leeds)** **to** **use** **my photographs** **in** **print** **or**

Captain/Manager name: Signature: Date:

**For** **further** **info** **contact:** **m:** **07720** **640** **459** **or** **e:** **info@sikhsport.co.uk**

Team name: Name of Captain:

Ramgarhia Sports Centre, 8/10 Chapeltown Road, Leeds LS7 3AP

SUNDAY 29TH MAY 2016

**Telephone:** **Email:**

**Post** **Code:**

**Address:**

Contact Details of Captain/Manager/Team Coach:

MAHARAJA JASSA SINGH 5-A-SIDE FOOTBALL TOURNAMENT

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**Application** **Form**

**•** **Player** **Details** (you are allowed up to 7 players)

**FREE-KICKS**

Free-kicks are all direct. The defending team must retire at least

2 metres and must be standing upright.

**POINTS** **OF** **NOTE**

No players or anyone attending the tournament is permitted

to smoke on the premises, consume alcohol or eat non-vegetarian food.

This is in line with the principles of Sikhism in which this

tournament is held. Anyone found to break these rules will be

The other team will be awarded a 3-0 win. If more than three-

quarters of the game has been played then the result will stand.

**MISCONDUCT–CAUTIONS** **(BOOKINGS)** **&** **SENDING** **OFF** **PENALTY** **SHOOT-OUT**

• All 5 players from each team will take penalty kicks.

• Should the scores be level after the first five kicks then

sudden death shall apply.

• Only the players on the pitch can take part in the penalties

Decision, Un-gentlemanly Conduct

& Persistent Fouling

Abusive Language & Violent Conduct

**1** **Yellow** **Card** = Dissent to Ref’s 3 Minutes Ban

**2** **Yellow** **Cards** in the same game Sending off & one match ban and all players must take a penalty before anyone is allowed

**Red** **Card** = Serious Foul Play, ,Foul or Sending off & one match ban to take a second.

**Red** **Card** = Violent Conduct Banned from the tournament

**CONTROL** into his/her own area, unless the referee deems that the

The referee’s decision is final. action was the cause of momentum.

• Goalkeepers cannot take penalties except for penalty

**QUALIFICATION** **OF** **PLAYERS** shoot-outs.

Teams can only register 7 players at any one time and no player • In the opinion of the referee a player has been denied a clear

can play for more than one team during the tournament. A team goal scoring opportunity in the opposition half by means of

sheet will be completed before play starts and no alterations can foul play.

be made once completed. Players must be aged 16 or above. • Clear means that had the player not been impeded unlawfully

 by the last defender, she/he would have gone on to a one on

If a players conduct on or off this pitch is unacceptable this will

result in the team being disqualified.

Free-kicks will be awarded for all infringements set out by the

FA except offside but will include the following additional rules:

**PLAYING** **KIT** • Any player receiving the ball intentionally from his/her keeper

All players must wear the following otherwise you won’t be cannot pass it straight back to him/her.

able to play • If the ball goes above head height.

**•** **Shin** **pads** • Sliding is totally outlawed from players & is a bookable offence.

**•** **Shorts** • If the penalised team argues with the decision, the referee

**•** **Indoor** **trainers.** has the right to advance the free-kick half the distance of the

**•** **Bibs** **provided** **by** **Sikh** **Sport** **UK** **if** **there** **is** **a** **colour** **clash** original offence to the goal area.

Your Kara must be covered by using wristband or bandage.

If a players’ Dastar comes off during play, the referee should

stop the game to allow the player to tie their Dastar before

commencing the game.

**START** **OF** **PLAY**

All games shall start (or restart after a goal has been scored)

at the centre circle.

Opponents shall be in their own half and at least 2 metres from

the ball.

The ball can be played in any direction from kick off and a goal

can be scored directly from it. A team must have at least 4

players to start a match. A game will be abandoned if the team

ends with less than 4 players through misconduct.

**SUBSTITUTIONS**

Rolling substitutions will be permitted in the tournament.

There will be no limit on the number of substitutions during

each game. However, this will be at the referee’s discretion.

A player can rejoin the game when the goalkeeper of their team has

control of the ball, at a free-kick or when a goal has been scored.

No substitutions can take place after the final whistle has been

blown to signal the end of the time, when there is a penalty

shoot out.

**HEAD** **HEIGHT**

A direct free-kick is awarded if the ball rises above head

height (with the offender defined as the last person to play

the ball). If the offender cannot be identified (i.e. simultaneous

contact by two opposing players) a ‘drop ball’ will be taken.

However, if the ball rises above head height into the goal area,

the goalkeeper will re-commence play by ‘rolling out’ the ball.

**GOALKEEPERS**

• The goalkeeper must throw the ball underarm style only.

• If the goalkeeper doesn’t, a free-kick 2 metres from his goal

area will be awarded to the opponents.

• If the goalkeeper throws the ball above head height a

free-kick will be awarded.

**PENALTIES**

Penalties will be awarded if:

• The goalkeeper comes out of his/her area or a player steps

removed from the tournament area and banned.

Tournament Rules & Guidelines

Tournament Rules & Guidelines Signatures: Player 1: Player 2: Player 3:

Player 4: Player 5: Player 6: Player 7: